What is Sensory Processing Disorder (SPD)?

According to WebMD, Sensory Processing disorder is where the brain has a difficult time recognizing and responding to sensory input from the body. Some people are oversensitive while others can me under sensitive. For those that are oversensitive sounds that for most of us are perfectly normal and not painful may be too loud. A shirt could chafe the skin resulting in the individual preferring only certain materials in their clothes. There is also a sensitivity to food that we may see. Some will not eat certain foods due more to consistency than to taste. Other symptoms of sensory processing disorder are being uncoordinated; bumping into things; inability to tell where their arms and legs are in space relative to where their body is; and it is difficult to engage in conversation or play.

Where is SPD seen?

While SPD is not a stand-alone diagnosis, meaning it occurs alongside other diagnosis like autism spectrum disorder, it is not only ASD, while common, that we see SPD in. ADD/ADHD is another one that has SPD in some of the patients. There are more but these are the two most common.